THE ROYAL TRAIL
(KUNGSLEDEN)
– BY FOOT AND ON SKIS
The eight faces of paradise

It’s been occasionally referred to as Europe’s last wilderness, the mountain range stretching from Lapland down to Dalarna. If anything deserves to be called Sweden’s own paradise, it is this majestic mountain world. New views and natural experiences are constantly emerging here. Large areas are protected and have been designated as nature reserves, national parks, and even world heritage sites.

Life in Lapland has many faces. The Sámi people, who have lived and worked here for thousands of years, estimate that there are eight seasons up here.

Thanks to STF and the Royal Trail (Kungsleden) the innermost part of Lapland has been available to everyone for over one hundred years. To make it easier, we have chosen two periods for you, when summer and winter along the Royal Trail are the absolute best: from June to September and from February to April.

During the summer season, the mountain nature of colours, scents, sounds and movement vibrate. It is essentially daylight all day and north of the Arctic Circle, the midnight sun shines brightly for several months. In September, the autumn colours are a blaze. You can travel by foot on well-worn trails, sometimes with a break for a boat ride over a mountain lake.

Skis apply if you choose the winter season. In February and most of March, the snow temperatures are cold for ski waxing and the days quickly become longer and brighter. Late winter – early spring brings crusty snow and long, sunny days.

Let us at STF take you to this paradise. By foot or on skis. We promise that you’ll take part in many exciting and inspirational encounters. Regardless of which season you choose.

Lapland – another country within Sweden’s borders

Sweden has 11 peaks over 2,000 metres. And you will find all in Lapland. There is even a series of the country’s most spectacular valleys here. Together, they form an exceptional, varying nature with everything from lush mountain forests down in the valleys to almost barren environments and glaciers up on the bare mountain region. In the summer, the mountain valleys can be pure jungles in spots, with both alpine blue sow-thistle and angelica as tall as a person. Trailing azalea, alpine gentian, moss campion and mountain aven are happy on the mountain moors. Higher up on the bare mountain region, you can be lucky to see the glacier crow-foot, the number one survivor of Swedish flora.

The UN organization, UNESCO, has elevated part of Lapland to the status of World Heritage Site under the name Laponia, where the national parks Stora Sjöfallet, Padjelanta, Sarek and Muddus, the nature reserves Sjauna and Stubba, parts of Kvikkjokk-Kabla, and Sulitelma and the Rapadalen Valley delta are included.

THE BIG FOUR

Just like the paradise described in poetry, Lapland is a sanctuary for wildlife. For those who know what to look for, you can find tracks from the big four of the Swedish fauna – lynx, wolverine, bear and possibly wolf. Perhaps even see one of them up close.

Up here, you also have the chance to view Golden Eagle, Gyr Falcon, Peregrine Falcon, Long-tailed Skua, Ptarmigan, Eurasian Golden Plover, Bluethroat, Snow Bunting and many other birds. Approximately half of the country’s 400 bird species have been sighted in Lapland.

Another common sight is the king of Swedish nature, elk, not the least in the Tarradalen and Rapadalen Valleys.

Of course, wildlife takes it easy during the winter, but some species change over to their white winter colours and work as usual. Arctic Fox, Hare and Ptarmigan are some examples. It is not uncommon for skiers to see wolverine and lynx tracks.

GET TO KNOW SÁMI LIFE

Reindeer breeding and the Sámi culture are very much alive along the Royal Trail. During the summer in particular, you can meet the Sámi people and their reindeer in the mountains. Avoid disturbing grazing reindeer and please keep dogs leashed. If you would like to know more about Sámi history, language, culture and today’s reindeer breeding, we recommend that you visit the Swedish mountain and Sámi museum Ajtte in Jokkmokk. You can also visit www.samer.se
**ABISKO TO NIKKALUOKTA**

The train stops right in front of Abisko Mountain Station and the northern starting point for the Royal Trail. In the beginning, the journey goes through a birch forest in Abisko National Park that is abundant in game to the hut at Abiskojaure Lake. Lapporten, one the mountain world’s most famous silhouettes, watches over you during your hike.

During the summer, take the boat over Alesjaure Lake. From the Alesjaure hut, continue on the Royal Trail or choose a very picturesque alternative via the mountain huts in Vistas and Nallo. Here, the mountains rise sharply up from the valley and the tour interchanges between mountain birch forest and bare mountain region. The terrain becomes more barren if you hike the Royal Trail towards the huts at Tjäktja.

When you reach the Tjäktja pass, the highest point along the Royal Trail, one of the mountain world’s greatest experiences awaits. Forty kilometres of magnificent views over the valley Tjäktavagge. By all means, stay an extra day in the Sälka huts and do a day tour in this unforgettable beautiful surrounding. The hut custodians along the Royal Trail will gladly inform you of their best spots for wild strawberries. When you reach the huts at Singi, continue southwards to Mount Vakkotavare or turn off towards the Kebnekaise Mountain Station to then go to Kiruna via the bus in Nikkaluokta. Of course, you can choose the opposite direction and walk from Nikkaluokta to Abisko.

Suggested tours

Doug McKinley
Getting there Daily train connections from Stockholm, Göteborg and Kiruna to our own train station Abisko Turist. Fly to Kiruna and then take a bus to Abisko (always verify the bus times when you book your flight). Road is the European Route E10.

STF Abisko Mountain Station
Address 981 07 Abisko, Sweden.
E-mail info@abisko.stfturist.se
Website www.svenskaturistforeningen.se/abisko
www.abisko.nu
Phone +46 (0) 980 402 00.
Fax +46 (0) 980 401 40.
Season Mid-February to the beginning of May, mid-June to the end of September, and Christmas and New Year’s celebrations.
Accommodation There are 300 beds, from which you can choose between different forms of accommodation. Single and double rooms with shower and WC. 2- and 4-bed rooms with shower and WC in the corridor. Cottage apartments for 2–6 people with shower and WC.
Food KRAV eco-labeled breakfast, lunch and the evening’s supper with the appropriate wine package added on. Après Ski in Storstugan during the winter or a beer in the light of the midnight sun during the summer.
Service Trip leader, shop, mountain equipment rental, sauna and self-catering.
Activities The summertime offers guided tours to our wild strawberry locations, courses in among others, digital photography, watercolour painting, and mountain birds. Midnight sun tours with the chairlift on Nuolja. The winter offers week-long courses in telemark skiing and avalanche training, ice climbing, snowmobile tours, day tours and off-piste skiing on Nuolja, touring and cross-country skiing. Abisko is possibly the world’s best place to see Aurora Borealis (Northern Lights)
www.auroraskystation.se
Experience Abisko National Park with us!

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Daily train connections from Stockholm, Göteborg and Kiruna to our own train station Abisko Turist. Fly to Kiruna and then take a bus to Abisko (always verify the bus times when you book your flight). Road is the European Route E10.

STF Kebnekaise Mountain Station
Address 981 99 Kiruna, Sweden.
E-mail info@kebnekaise.stfturist.se
Website www.svenskaturistforeningen.se/kebnekaise
Phone +46 (0) 980 550 00.
Fax +46 (0) 980 550 48.
Season Mid-February to the beginning of May, mid-June to mid-September.
Accommodation 2- or 4-bed rooms or an alcove in the room with extra beds. Shower and WC in the corridor. Single rooms available. 196 beds.
Food The restaurant Giebme serves breakfast, lunch, supper and à la carte with Lapland specialities, Swedish home fare, and newly baked bread from our own bakery. Fully licensed.
Service Shop, bakery, rental of certain mountain equipment, trip leader, sauna and self-catering.
Activities The summertime offers high alpine courses, climbing instruction, guided tours to Sweden’s highest peak, glacier walking, floral tours, and theme weeks. Other things worth seeing are the giant caves in Ladtjojåkka, the Silver falls in the Singi valley, Kitteldalen and Tarfala. The wintertime offers courses in telemark skiing and avalanche training, ice climbing, snow mobile tours, day tours and off-piste skiing on Nuolja, touring and cross-country skiing. Abisko is possibly the world’s best place to see Aurora Borealis (Northern Lights)
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Experience Abisko National Park with us!

Nikkaluokta, by foot or on skis. In the summer, shorten the trip 5 km by taking the boat over Ladjojaure Lake. After some good food and a nice sauna, it’s time to continue in between the mountains to Singi. There, you enter into the Royal Trail – with Abisko to the north or Saltoluokta to the south. If you choose the latter, you travel first through the beautiful Tjäktjavagge valley. The lakes Kaitumjaure and Teusajaure have nice huts with good fishing.

As you approach the Vakkotavare mountain hut, magnificent views south into Sarek open up. You can relax the summer, shorten the trip 5 km by taking the boat over Ladjojaure Lake. After some good food and a nice sauna, it’s time to continue in between the mountains to Singi. There, you enter into the Royal Trail – with Abisko to the north or Saltoluokta to the south. If you choose the latter, you travel first through the beautiful Tjäktjavagge valley. The lakes Kaitumjaure and Teusajaure have nice huts with good fishing.

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legs a little on the bus between huts in Vakkotavare and Kebnatsbryggan.
Boat or skis over Langas Lake to the Saltoluokta Mountain Station are all that remain, where a reward in the form of a well-earned sauna and exquisite food await.

Many believe that the route between Nikkaluokta and Saltoluokta is the most beautiful of the entire Royal Trail.

You move over vast mountain moors and down into deep long valleys. The stages are short and the hut locations stunningly located.

**Facts Kebnekaise – Saltoluokta**

*Mountain map* BDB
*Length* 52 km (then bus from Vakkotavare to Kebnatsbryggan/Saltoluokta)
*Days* 5–7
*Number of huts* 4

**Provisions** Kaitumjaure, Kebnekaise, Saltoluokta, Vakkotavare

**Sauna** Kebnekaise, Saltoluokta, Teusajaure

**KV IKKJOKK TO SALTOLUOKTA**

This stage can begin with an overnight at Kvikkjokk Mountain Station, followed by walk into an ancient mountain forest the next morning. Be on the lookout for the male capercaille! Pärte hut offers access to good fishing in both streams and lakes. The journey continues on a traverse along Rittakdalen valley. Take a breather a little higher up on the bare mountain region and aim your binoculars down towards the edge of the forest, where elk and other game can appear out of nowhere. As you approach Laitaure Lake, the mountains of Sarek rise in all their splendour to the west.

The Aktse homestead and STF’s mountain hut are located on the other beach, known as the centre for trips into Sarek. Here, meadows still battle scythe. Stay an extra day and climb Skierfe, the mountain with its magnificent view over the delta of the Rapadalen valley. Far into Sarek, you can get a feeling for the place with the breathtaking name Rovdjurstorget (Predator Square).

From Aktse, take yourself steeply up onto the bare mountain region and get a terrific, endless view of the country in all directions. After a boat tour, you reach STF’s mountain hut on the northern beach of Sitojaure Lake. Continue over the Ultevis moor, where you have the canine tooth-like mountain Kierkaus and the sugar-like peak Sluggas in your sights. Your dream goal gradually
appears – Saltoluokta Mountain Station, with sauna and very good food.

**Facts Kvikkjokk – Saltoluokta**
- **Mountain map**: BD10
- **Length**: 73 km
- **Days**: 5–7
- **Number of huts**: 3
- **Provisions**: Aktse, Kvikkjokk, Saltoluokta
- **Sauna**: Kvikkjokk, Saltoluokta

**KVIKKJOKK TO AMMARNÄS**
This stage is designed for you who want a true wilderness experience with grandiose views, exciting places and a handful of other hikers. With the lack of an extensive mountain hut system along the way, you need to take your own tent. Still, there are simple overnight huts and other accommodation alternatives not operated by STF.

The first stage is ca. 74 km long and go to Jäkkvik. Stage two from Jäkkvik to Ammarnäs is ca. 83 km and passes Pieljekaise National Park.

You can take the bus from Skellefteå to get to Jäkkvik. For other information, contact the Tourist Bureau in Arjeplog by telephone 0961-145 20 or their website www.arjeplog.se

**Facts Kvikkjokk – Ammarnäs**
- **Mountain map**: BD14, BD16
- **Length**: 157 km
- **Days**: 7–10
- **Number of huts**: 0
- **Provisions**: Kvikkjokk, Jäkkvik, Adolfström and Ammarnäs
- **Sauna**: Kvikkjokk, Ammarnäs

**AMMARNÄS TO HEMAVAN**
For many, their mountain tour begins in Ammarnäs and ends in Hemavan.
but it works just as well in the opposite
direction, or do a shorter tour from
both ends.

The way from Ammarnäs to Aigert
hut begins with a climb through the
birch forest. At the small fish-rich lake
on the bare mountain region lies a hut,
where you can relax by a wood heated
sauna. You will experience fantastic
views from Aigert to the Serve hut. Do
a detour to Stor Aigert – 1,100 metres
above sea level – with a breathtaking
view. In the birch forest down by Serve
hut, see a majestic waterfall near the
bridge over the Vouomentjukke
stream.

An alternative from Ammarnäs
begins with a boat ride on the marsh
Tjulträsket, which shortens the way to
Serve hut. The bare mountain region
section towards Tärnasjö Lake hut
ends with a park-like birch forest, a
magnificent view over Tärnasjö Lake
and the impressive norra Storfjället.
Enjoy a moment in the wood heated
sauna and take a dip directly from the
beach in the crystal clear water.

From Tärnasjö Lake hut, the trail
goes through birch forest between
scented bogs towards Tärnasjö Lake’s
archipelago with seven bridges – Vin-
deljällens own Golden Gate. You can
also choose a boat ride over Tärnasjö
Lake to shorten the trip to Syter hut.

From Syter hut, you can climb Syter
Peak, which with its 1,768 metres
above sea level is the highest peak in
the county. A marked trail shows the
way down to Vitskarl hut. The most
usual is to follow the Royal Trail
through the u-shaped Syterskal to
Vitskarl hut. Many consider the valley
as the area’s major asset. From Vitskarl
hut down to Hemavan, the view seems
endless over Artfjället mountains and
Okstindarnas glaciers in Norway.

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  Tärnasjö, Syter, Vitorskalet, Ammarnäs
  and Hemavan               |
| Sauna                     |
| Aigert, Ammarnäs, Hemavan, Tärnasjö |

ABISKO MOUNTAIN STATION
Abisko Mountain Station is located as
far north as you can go in Sweden. The
northernmost of our mountain stations
has its own train station. Abisko is well
worth it, not the least when it concerns
the magnificent nature.

Regardless of the season, you would
be wise to take the chair lift up Mount
Nuolja. Cloud-free summer nights offer
you front row seats to the midnight sun.
The sun shines over white precipices on
cloud-free winter days and Aurora
Borealis (Northern Lights) flashes
during clear winter nights. All of this
happens often, because Abisko is one
of Sweden’s most sun-guaranteed and
cloud-free places.

At 70 km long and stretching out in
the north, Lake Torneträsk is blue in
the summer and white in the winter.
The majestic mountain Lapporten
dreams to the southeast.

The Abisko area has such a unique
flora, fauna and geology that it has been
protected as a national park since 1909.
The wild canyon of the Abiskojokk
River is something that never ceases to
attract onlookers. Otherwise, a
pleasant calm prevails here, only to be
broken by a train loaded with iron ore
to Narvik or snowboarders to Nuolja.

At the Abisko Mountain Station,
you can start or end your tour on the
Royal Trail. Or stay and spoil yourself.
Take wonderful day tours by foot or
on skis, a soothing sauna with a dip in
Lake Torneträsk, followed by a
delicious supper in the beautiful dining room.

A popular day tour is to also take the train to Narvik in Norway and breathe in a little Atlantic Ocean air.

KEBNEKAISE MOUNTAIN STATION
The honourable title of Sweden’s highest mountain will be forever consecrated to Kebnekaise. For the moment, the South Peak is highest, but the peak is covered by a glacier, meaning the its height varies. Rabots and Björlings glaciers are reminiscent of the Frenchman who climb the mountain first and the Swede who thought he was first.

For 100 years, the Kebnekaise Mountain Station has been the country’s alpine centre. Knowledge and tradition are deeply rooted in both the walls and personnel. Do day tours to Tarfala’s glaciers, the moon landscape of the Kitteldalen valley or Tuolpagorni’s volcano shaped peak. Climb Kebnekaise’s long route on your own or the harder route with a professional guide. With hiking boots in the summer and perhaps on skis with climbing skins for unbeatable ski touring during the winter. Why not take a course in climbing, glacier walking or ridge traversing? At the Kebnekaise Mountain Station, you decide which adventure you want to experience. In both summer and winter, the distances between mountain nature and a comfortable bed are short, making it the perfect end to your journey on the Royal Trail, or start from Abisko or Saltoluokta to Nikkaluokta.

NIKKALUOKTA
Nikkaluokta is a small mountain village located at the end of the road, ca. 70 km from Kiruna. Sámi settlements in the area have existed for several thousands of years. But the first permanent settlements in Nikkaluokta were established at the beginning of the 20th century. One of the settlers was Nils Olsson Sarri with his wife Maria. Of their 14 children, many came to work within the village’s dominating tourism industry. Today, third and fourth generation Sarri have followed in their footsteps.

The mountain village is beautifully located. Three valleys intersect here, of which one stretches out towards Kebnekaise – Sweden’s highest
mountain. From here, many mountain hikers begin their 19 km walk to the Kebnekaise Mountain Station, which can be shortened with a boat excursion. Hikers also find their way up along the beautifully winding Vista Valley. In the mountain village, you will find services such as a restaurant, shop, accommodation, helicopter station, chapel and gallery. During the regular season, there are daily bus connections from Nikkaluokta to Kiruna. For more information: www.nikkaluokta.com

SALTOLUOKTA MOUNTAIN STATION
At one end, the outposts of the Sarek mountains rise in the haze, at the other end, Langas Lake stretches out. In between lies Saltoluokta. An oasis of calm, pleasantness and comfort, where warmth, an atmosphere and good food rule. It’s only 3 km to the nearest road, but rather long to civilisation. To get here, you have to go by boat or skis over the lake in the last section. You will definitely leave your everyday life behind you.

The World Heritage Site Laponia with Sarek, Padjelanta and Stora Sjöfallet National Parks open up for you outside your doors.

A three-course supper with specialities from Lapland waits for you after your outing, day tour or hiking week. The kitchen in ‘Salto’ has made a point of almost exclusively offering raw produce from the region. The menu often has game fish from the lakes, wild game from the forests and berries from bogs in the area.

In Saltoluokta, you also get very close to the Sámi culture. One of the Sirges Sámi village settlements is right next to the mountain station, among others with a beautiful church tent. After hiking approximately 6 km, you also arrive at Pietsaure Lake, where the Kuoljok family welcome you with their tents. Many guests think that Saltoluokta realises their dreams of the mountains.

KVIKKJOKK MOUNTAIN STATION
Kvikkjokk is small mountain village at the end of the road next to Saggat Lake, where Kamajåkkå stream and Tarra River meet into a large delta. Much of STF’s oldest history is here, such as when people thought that Sulitelma was Sweden’s highest mountain. The association’s very first trail was cleared in 1887 on Snjierák Peak and is today an unforgettable day tour with a view over Sarek.

Kvikkjokk Mountain Station is privately operated in collaboration with STF and is very well situated for summer and winter tours. If you would like to hike with a light pack and overnight in the mountain huts, choose the Royal Trail northward towards Saltoluokta, Kebnekaise and Abisko. If you want to carry a tent and provisions, walk south via Jäkkvik towards Ammar- näs and Hemavan or westwards into Laponia and Sarek.

Here, you get the opportunity to paddle in the Tarra River, an exciting experience as is looking out for predatory animals in the Tarra Valley, one of the mountains richest valleys in wild game.

It is a few days journey westward to Padjelanta National Park. At the mountain station, you can receive a great amount of expert tips about hiking trails and much more.

AMMARNÄS
Ammarnäs is a mountain village the Vindelån and Tjulån valleys.

The Vindel Mountains are the country’s richest area in reindeer.
Ammarnäs is the principal settlement in the Ran and Gran Sámi villages, where there is a chapel and Sámi church town with numerous provision sheds. The village is also known for the potato hill, a large moraine hill where ‘almond potatoes’ have been farmed for at least 170 years. The reindeer industry and tourism are the largest sources of income.

Ammarnäs is the principal settlement in the Ran and Gran Sámi villages, where there is a chapel and Sámi church town with numerous provision sheds. The village is also known for the potato hill, a large moraine hill where ‘almond potatoes’ have been farmed for at least 170 years. The reindeer industry and tourism are the largest sources of income.

Around Ammarnäs is some of the Vindel Mountains best fishing sites, with char, salmon trout, grayling and whitefish. Settlements who followed the trade route towards Norway previously used the Vindel River. Today, it is an exciting hiking trail that is slightly off the beaten path from the more usual stages, offering terrific experiences.

In waiting for the ice to break up, huge numbers of birds are gathering in the Ammarnäs delta, offering easily accessible bird watching.

The summer attracts many visitors to the Sámi weekend in June and a local festival in July.

In Ammarnäs, where the main road from Sorsele ends, the Vindel Mountain Nature Reserve begins. One of Europe’s largest protected nature areas. Naturum in Ammarnäs has an exhibition about the geology, flora, fauna, climate and natural things worth seeing in the Vindel Mountains.

HEMAVAN
Hemavan is situated along the valley of the Ume River, which together with the Blue Road (E12) winds itself like a corridor through the Vindel Mountain Nature Reserve.

Besides the known winter landscape, Hemavan offers delightful summer mountains.

Fishing for mainly char and salmon trout is naturally big, but even other activities in and around the water are increasing. Canoes for nice paddling tours or a boat for those who simply want to take easy are here.

In Hemavan, there are also countless cycling possibilities. Everything from great cycling adventures to quiet tours presented with a map and tips. Up in the mountains, you can get there with the help of the summer chair lift, where even your bicycle can follow along.

**Sweden's highest mountains**

1. Kebnekaise 2104*
2. Sarektjåkkå 2089
3. Kaskasatjåkkå 2076
4. Kaskasapakte 2043
5. Akka 2015
6. Pårtejåkkå 2005
7. Palkaheikka 2002

*Measure 2003. The peak is a glacier that varies in height. The mountain reaches 2,070 m.a.s.l., the rest is ice.

**Trails, bridges, lean-to and boat service**

Lapland has over 2,000 km of marked trails. Winter routes are in terrain marked with red crosses. Summer routes are clear paths marked with caims or colour markings. Rest spots are located here and there between the mountain huts. STF offers boat service between Kebnats and Saltoluokta on Langes Lake, on the lakes Teusajaure and Akkaaure for tours to Padjelanta. The lakes Alesjaure, Ladjojaure, Sitojaure, Laitaure, Tjulträsk and Tärnasjön have private boat service. Rowboats are spread out at the lakes Teusajaure, Sitojaure and Laitaure.

**Aurora Borealis (Northern Lights)**

Previously, some thought that Aurora Borealis was large herring and codfish way out to sea that reflected in the sky. But it is energy that is converted to light when the solar wind’s charged particles collide with atoms and molecules in the earth’s atmosphere.

**What should I take?**

You need neither extreme nor expensive equipment to be in the mountains. On our website, you will find tips about how to dress and what to bring. Should you be missing anything, most can be rented at our mountain stations, such as ski equipment, backpacks, rubber boots, rainwear, stoves and tents. If you choose to buy provisions in the mountain huts, your backpack during summer does not need to weigh more than about 10 kg.

**How far should you walk?**

This is, of course, entirely dependent on experience and conditioning, but in particular, how fast you want to travel. A rule of thumb is about 3 km/hour.

**How are the mosquitoes?**

In wetlands and birch forests, the mosquitoes can be annoying. Especially in July. Do like the reindeer and get up to higher ground, where the wind is cool. But don’t disturb the reindeer. Otherwise, we can thank the mosquito because there are so many birds, fish and other animals in the mountains.

**How is the weather?**

There is a lot to the Swedish saying “There is no bad weather, just bad clothing.” Rapid changes in weather and big differences in temperature are relatively normal in the mountains. It can be thawing in February and it can snow in June. For the most part, the weather is rather stable during those periods when we are open, but always keep an eye on the weather and equip yourself with warm clothing in your backpack during the summer. Read more at www.smhi.se

**Snowmobile traffic**

Large sections of the Royal Trail are within areas that ban snowmobile traffic. Moreover, additional areas can also be included, on certain occasions. To find out what applies, go to website for the respective county.

Norrbotten: www.bd.lst.se/terrangkorning
Västerbotten: www.ac.lst.se/naturochmiljo/terrangkorning
THE ROYAL TRAIL (KUNGSLEDEN)

The first ideas to create a continuous hiking trail in the mountain world of Swedish Lapland came at the end of 1800s. As now, the Swedish Tourist Association was the organiser. This trail would pass the most beautiful places and thus become ‘the king of trails’ – the Royal Trail.

The stretch Kvikkjokk to Abisko was cleared during the 1920s and today, the Royal Trail stretches ca. 430 km from Abisko in the north to Hemavan in the south. A well-built system of mountain stations and mountain huts is here, making hiking both easy and fun regardless if you come during the summer or winter. Take a chance and let yourself be inspired, see you in the mountains.

For more information:
www.svenskaturistforeningen.se/kungsleden

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STF is one of Sweden’s largest non-profit organisations with approximately 300,000 members. As a member, you receive a number of benefits. The member price on thousands of activities throughout all of Sweden and on accommodation, both in Sweden and internationally via out collaboration with Hostelling International (HI). You also get Sweden’s biggest outdoor and travel magazine Turist, our yearbook and a number of offers from our partners.

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